# BULLETIN 3



# INDEX

PRESENTATION
GREETINGS4
SPORT EVENT
LOCATION
TIMETABLE
REGISTRATIONS
CLASSES
MAP11
PROHIBITED AREA
OLD MAP12
REGULATIONS
TIMING SYSTEM
COURSE TECHNICAL CHARACTERISTICS
DISTANCE AND CLIMB – LONG14
DISTANCE AND CLIMB – MIDDLE
COMMENTS FROM THE CARTOGRAPHER16
COMMENTS FROM THE TRACERS17
COURSE INFORMATION
TRAIL-O19
TECHINCAL INFORMATION FOR TRAIL-O21
SERVICES
ORGANIZING COMMITTEE
ORGANIZERS25
SPONSORS
CONTACTS

### PRESENTATION

The "XIV INTERNATIONAL PREMI D'ORIENTACIÓ DE LA COMUNITAT VALENCIANA WRE 2025 -II TROFEU D'ORIENTACIÓ PEDRA EN SEC" will be held in Castelló on 7, 8 and 9 February 2025, organized by the Orienteering Federation of the Valencian Community – FEDOCV and the Club ADCON, Castelló, with the sponsorship of the Comunitat Valenciana, the International Federation for Orientation IOF and the Spanish Federation on Orientation FEDO.

Since 1988, ADCON, Orienteering Club of Castelló, a pioneer in the Valencian Community, has collaborated with the Orienteering Federation of the Valencian Community-FEDOCV - to conduct events at the international, national and autonomous level. Since its beginnings, the Magdalena Trophy and Ceramics Trophy for pedestrian Orienteering have been organized, as well as the national league tests at the Massif del Penyagolosa (1995, 1996 and 1997), in Vilafranca (1999), where the Spanish Championship of orienteering races was also organized in 2001. Autonomous walking events in Segorbe, Albocasser, Onda, Castelló, Vistabella and Vilafranca, as well as the BTT in Vall d'Uixó in 2008. We have collaborated in the organization of the first Sierra Espadán Raid in 2011. It has also organized the Rogaine de Penyagolosa (2013), the Rogaine de la Pedra in Sec de Vilafranca (2014) and the Rogaine Borriol-Castelló in 2022.

On this occasion, we bring to the province of Castelló, in the comarca Els Ports, the "XIV INTERNATIONAL PREMI D'ORIENTACIÓ DE LA COMUNITAT VALENCIANA" that every year organizes FEDOCV and "II TROFEU D'ORIENTACIÓN PEDRA EN SEC", in honour of the architecture of the stone in dry, Intangible Cultural Heritage of Humanity, present throughout the comarca of Els ports, especially in Vilafranca.

The evnt is a unique opportunity to get to know the population of Vilafranca and the Tourist Community Els Ports, enjoying the possibilities that it gives us for the practice of the Orienteering, due to the geographical location of the map, the great variety of terrain and vegetation, in the area where the competition will take place, and the easy access from the locality to the race area.



Dear participants,

It is an honor for me, as the mayor of Vilafranca, to warmly welcome you to the "XIV Premi Internacional D'Orientació de la Comunitat Valenciana 2025, II Trofeu de la Pedra en Sec" and the "1st event of the Spanish Orienteering League," which will be held in our town from February 7 to 9, 2025. This event not only marks a significant sporting milestone for our municipality, but also reaffirms Vilafranca's strong commitment to promoting high-quality events that encourage sports participation and the enjoyment of our natural surroundings.

I would like to ewant to express my gratitude to ADCON Club, Castelló Orientación, the Spanish Orienteering Federation, and the Orienteering Federation of the Valencian Community for their strong support of Vilafranca, a unique place that combines the beauty of its natural surroundings with the authenticity of its cultural heritage. The beautiful landscapes and settings of our town provide an unparalleled setting for orienteering, standing out for their diverse landscapes, rural paths, and mountain trails, ensuring a unique sporting experience.

For us, it is a true honor to host this event. In this regard, the Vilafranca Town Hall has worked closely with the organizers to ensure that the race takes place under the best possible conditions, with the quality that this type of competition demands. I deeply appreciate the effort and dedication of everyone involved in preparing this event.

I encourage you to take this opportunity not only to enjoy the race but also to discover the charms of Vilafranca. Stroll through our streets and historic center, visit our museums and monuments, and explore our routes and trails. The cultural and natural heritage of Vilafranca, including the iconic "Pedra en Sec" landscape, which is a UNESCO Intangible Cultural Heritage, will offer you a unique experience, both sporting and touristy.

I am sure this will be an unforgettable experience, full of challenges and moments of enjoyment. From here, I wish you all the best of luck in the competition and hope you make the most of this event, as much as we enjoy having you in our land.

Welcome to Vilafranca, and enjoy the race

Silvia Colom

Mayor of Vilafranca



## SPORT EVENT

The sporting event will consist of 2 races (Large and Medium), included in the Spanish League of O-Pie and valid for the World Ranking of Orientation Sports (WRE). The final classification will be the sum of points from both races.

### THURSDAY/FRIDAY 06-07/02/2025 MODEL EVENT SATURDAY 08/02/2025 LONG DISTANCE AND TRAIL-O SPRINT SATURDAY 08/02/2025 DELIVERY OF SPANISH NATIONAL LEAGUE TROPHIES 2024 SUNDAY 09/02/2025 MIDDLE DISTANCE

➡ PRIZES: 3 first scored runners of M/W ELIT will receive the following amount:

1st M/W ELIT	2nd M/W ELIT	3rd M/W ELIT	1º First spanish
300€	200€	100€	runner
LOCATION			150€(accumulative)

### Vilafranca/Villafranca del Cid

Vilafranca is a municipality in the comarca of Els Ports in the province of Castelló, in the Valencian Community, located south of the comarca, with an area of 93.73 km2 and a population of 2.154 as of 1 January 2022, according to the INE. It is situated in the eastern foothills of the Iberian System, at an altitude of 1,126 meters above sea level.

Known for its textile industry, Vilafranca has two UNESCO World Heritage Sites within its municipal boundaries: the dry stone and the cave paintings that are preserved in various rocky shelters. With heights ranging from 730 meters to 1,656 (the highest point in the region), this mountainous enclave has a great variety of fauna and flora. Places such as the Barranco de la Fos, the caves of Forcall or the municipal reserve of the Bosque Palomita serve as examples of the landscape and biological richness of this locality.

Vilafranca belongs to the great Mediterranean climate region. However, the fact that it has more rainy, wet and cold seasons than on the coast, makes it a "inner Mediterranean" climate. The average annual temperature is around 10 °C, with temperate – cold winters, with an average temperature of approximately 4 °C. As for the precipitation, the annual water result is around 700 l/m2, mostly in the form of rainfall in autumn and spring, and the winter and summer seasons are the driest. During the cold months precipitation can appear in the form of snow.

#### turismevilafranca.es



### **Els Ports**

The comarca of Els Ports is located in the northern interior of the province of Castellón, being its capital Morella, it is composed of 13 municipalities, with a population of 6,400 inhabitants, being the most populated Morella with more than 2,400 inhabitants, and the least populated Palanques with 30 inhabitants.

The nature is rugged and mountainous, with peaks reaching 1,600 meters of altitude and deep barracks. Cold climate and vegetation formed by low mountains, pine forests, oaks and oaks, as well as numerous aromatic herbs.

### ELS PORTS | ELS PORTS



### **ACCESS:**

### From Barcelona: 278 Km

We recommend you to get to Vinaròs on the A7 motorway (exit 42, Ulldecona – Vinaròs) and from there take the N-232 towards Morella and Zaragoza. Before getting Morella, you will find a detour that leaves to the left, the CV-12, continue along this road until you get the intersection of this road with the CV-15, where you will take the exit on the right that will drive to Vilafranca.

### From Zaragoza: 220 Km

From Zaragoza to Vilafranca you can take the N-232 in the direction of Alcañiz and Morella. From this last town you can take the CV-12 and continue along this road until you get the intersection of this road with the CV-15, where you will take the exit on the right that will take you to Vilafranca.

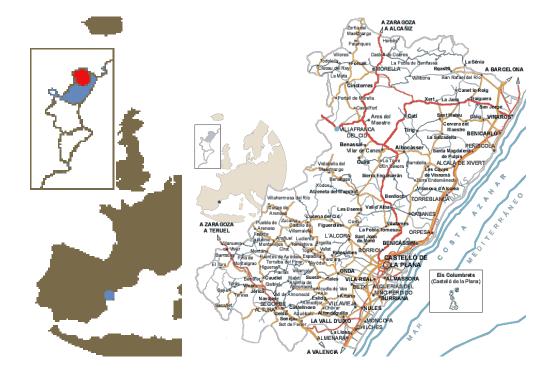
### From Madrid: 408 Km

We recommend you to take the A-2 to Alcolea del Pinar. From there, join the N-211 and reach Monreal del Campo. Subsequently, take the A-1509 to N-420 in Perales del Alfambra, Continue along N-420 until TE-V-8021 in Cañada Vellida. and the detour on the A-228 and A-226 towards Cantavieja. From this last town, continue on the A-227 and the CV-15 until Vilafranca

### From Valencia/Castelló: 152 Km

Coming from the A-7 motorway, take exit 47 (Castellón Sur). Whether you are coming from the A-7, the N-340 or leaving from Castelló, head towards La Pobla Tornesa on the CV-10, passing through Borriol. In La Pobla Tornesa you will find signs for Vilafranca, CV-15.

(Approximate distance from Castelló to Vilafranca: 85km. 1h. 15Min.)



## TIMETABLE

### February 06: Model event

From Thursday, February 6, at 10:00 AM, a representative course of the terrain will be avalaible for that participants of the XIV TROFEU COMUNITAT VALENCIANA

The start will be located at the Albergue LA PARRETA

A downloadable map for printing will be made available to those interested in completing the course.

It will also be possible to complete the course using the GPSOrienteering app by scanning the following QR code.

### February 07: Model Event

14:00 Opening of the Reception "LA PARRETA".

### February 08: Long distance

- 08:30 Opening of the Competition Centre
- 10:00 Start of the runners Long Distance
- 13:30 Trail-O Sprint
- 14:30 WRE Long Distance Awards Ceremony.
- 15:45 Closing of Finish Line.
- 18:00 Spanish LEO Trophy Delivery 2024 PARADOR MUNICIPAL.
- 20:30 Fair of typical local products.

At the conclusion of the 2024 LEO awards ceremony, we will have the opportunity to dine at the same venue. The local businesses of Vilafranca will prepare a tasting of tapas with products from the region, consisting of 4 tapas and a drink. Vegetarian and gluten-free options will be available. The price will be 10€, to be reserved during registration.

### February 09: Middle distance

- 8:30 Opening of the Competition Centre
- 10:00 Start of the runners Middle Distance
- 12:30 Last start of the runners
- 13:30 WRE Middle Distance Awards Ceremony and "II Trofeu de la Pedra en Sec"
- 14:30 Closing of Finish Line.



### **REGISTRATION DEADLINES**

For foreigners (IOF):	From 02/11/2024 ( <u>ORIENTEERINGONLINE</u> )
For federated and non-federated athletes:	From 02/01/2025 ( <mark>SICO</mark> )
Entries deadlines:	Monday 27/01/2025 at 23:59 h.

"Only registrations for the OPEN category will be accepted on the days of the race, and only if maps are still available"

### **ENTRY FEES**

	FOR FEDERATED (FEDO/FPO)					
Event	M/W Elit y M/W 21-70	M/W 12-20 U-10	Amarillo	Naranja/Rojo/Negro		
Long or Middle	12€	8€	8€	12€		
	FORE	GNERS (CLI	JBES IOF)			
Event	M/W Elit y M/W 21-70	M/W 12-20 U-10	Amarillo	Naranja/Rojo/Negro		
Long or Middle	16€	12€	12€	16 €		
	NON-FEDERATED SPANIARDS					
Event	M/W Elit y M/W 21-70	M/W 12-20 U-10	Amarillo	Naranja/Rojo/Negro		
Long or Middle	*	*	11 €	15€		

TRAIL-O SPRINT = 10€

### LINK TO REGISTRATION

FEDERATED/NON FEDERATED (SICO)

NON FEDERATED FOREIGNERS (ORIENTEERING)

### PAYMENT

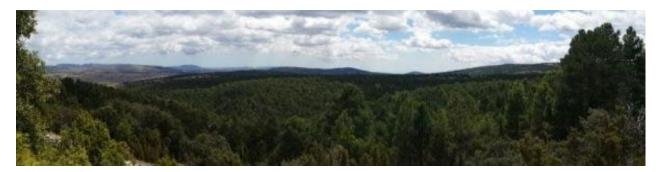
Bank transfer to the account FEDOCV: IBAN: ES53 2100 5808 0113 0011 9886 SWIFT – BIC: CAIXESBBXXX Send bank receipt and invoice request to info@fedocv.org

CLASSES	
Official	Ages
U-10	Date of birth 2015 or later (unisex)
M/W-12	Date of birth 2013 or later.
M/W-14	Date of birth 2011 or later
M/W-16/18	Date of birth 2007 or later
M/W-16	Date of birth 2009 or later
M/W-18E	Date of birth 2006 or later
M/W-20E	Date of birth 2005 or later
M/W-E	Elit. No limit
M/W-21A	No limit
M/W-21B	No limit
M/W-35A	Date of birth 1990 or before.
M/W-35B	Date of birth 1990 or before
M/W-40	Date of birth 1985 or before
M/W-45	Date of birth 1980 or before
M/W-50	Date of birth 1975 or before
M/W-55	Date of birth 1970 or before
M/W-60	Date of birth 1965 or before
M/W-65	Date of birth 1960 or before
M/W-70	Date of birth 1955 or before
M/W-75	Date of birth 1950 or before
<b>Promotion Categories</b>	Description
OPEN AMARILLO	Easy orienteering and short distance (for children up to 14 years)
OPEN NARANJA	Easy difficulty / Middle distance
M/F - OPEN ROJO	Medium difficulty / Middle distance
M/F - OPEN NEGRO	Medium difficulty / Long distance
TRAIL-O Categories	Description
0	No limit on age, sex or physical condition
	No limit on age, sex or physical condition.
Р	Mandatory to have a valid IOF Eligibility Certificate for this category or to have requested it from the IOF through the FEDO in a timely manner

### MAP

The Vilafranca map, drawn up in 1998 and debuted in a National League event in 1999, hosted the Spanish championship in 2001, various Autonomous League events and the Rogaine Penyagolosa-Vilafranca in September 2014.

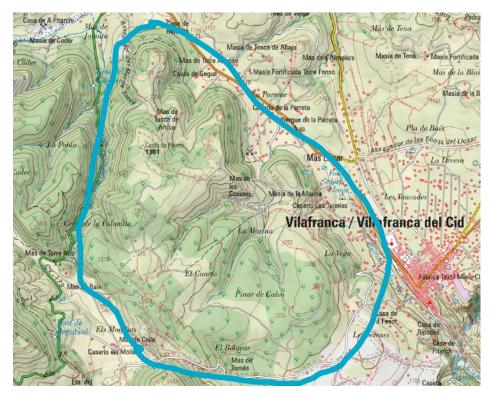
Characterized by dry stone, PEDRA EN SEC, constructions (stone from the environment skillfully stacked, without the use of mortar or mud to join the stones), there are hundreds of kilometers of walls and terraces and a huge number of shepherd huts, some up to 10 meters high diameter. The vegetation alternates pine forests, oak forests and holm oaks, and some clear areas. The map is mapped at a scale of 1:10,000, with an equidistance of 5m, so that it is easy to interpret, reading the large number of stone walls that appear drawn, in the Palomita Forest area and the forest.from La Parreta. Topographically, the race area corresponds to a plateau, which is crowned by Mount Palomita. In the upper area you can find repopulated pine forests and oak pastures. On the northern slopes there are oak forests. And in the lower area, close to the town, there are crop fields. The greatest peculiarity of the land are the "azagadores" and dry stone walls, a legacy of the Maestrazgo's livestock past. These make up an authentic labyrinth that will test the runners' expertise to find the most appropriate route.



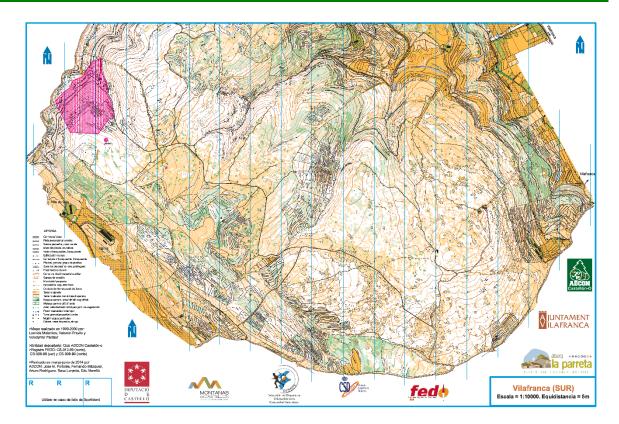


# PROHIBITED AREA

In accordance with the Regulations of the Spanish O-Pie League, once the competition has been approved, any orienteering activity will be prohibited in the municipality of Vilafranca until the day of the competition.



OLD MAP



# REGULATIONS

The sporting event must obey the rules and regulations of the International Orienteering Federation (IOF) and the Spanish Orienteering Federation (FEDO).

- Link: NORMATIVA LIGA ESPAÑOLA 2025
- Link: Regulations of Foot orienteering.

Link: INTERNATIONAL SPECIFICATIONS CONTROL DESCRIPTIONS

Link: COMPETITION RULES IOF WRE 2025

# TIMING SYSTEM

G	The timing system <b>SPORTident</b> will be used, activating the Air+, through which the athlete can use the electronic card SIAC for the wireless pass log. Participants still can use the cards SI-6, 8, 9, 10, 11 and ComCard.
	The timing team will broadcast the results online through the <b>liveresults</b> platform. There will be radiocontrols at some control points to inform the finish area of the passing of the runners. Once the race has finished the total and partial results will be published on the event's WEB page.

# COURSE TECHNICAL CHARACTERISTICS

Large Course.

Scale: 1:10,000 Contour Interval: 5 m

• Water Stations: There will be 3 water stations during the race and one at the finish line.

Middle Course.

Scale: 1:10,000 Contour Interval: 5 m

• Water Stations: There will be a water station at the finish line.

# DISTANCE AND CLIMB – LONG

Classes	Distance	Climb	No. Controls	Start	Scale
F-12	2790 m	50 m	8 Controles	S2	1:7500
F-14	3920 m	60 m	8 Controles	S1	1:10000
F-16	4570 m	80 m	9 Controles	S1	1:10000
F-16/18	4390 m	95 m	9 Controles	S1	1:10000
F-18E	5920 m	135 m	12 Controles	S1	1:15000
F-20E	6560 m	240 m	11 Controles	S1	1:15000
F-21A	6170 m	225 m	11 Controles	S1	1:15000
F-21B	4430 m	110 m	10 Controles	S1	1:10000
F-35A	6830 m	245 m	11 Controles	S1	1:15000
F-35B	4420 m	130 m	9 Controles	S1	1:10000
F-40	5490 m	280 m	11 Controles	S1	1:10000
F-45	5610 m	150 m	10 Controles	S1	1:10000
F-50	5260 m	150 m	10 Controles	S1	1:10000
F-55	4740 m	95 m	11 Controles	S1	1:7500
F-60	4480 m	100 m	9 Controles	S1	1:7500
F-65	3710 m	70 m	8 Controles	S1	1:7500
F-70	3380 m	65 m	9 Controles	S1	1:7500
F-75	2780 m	35 m	8 Controles	S1	1:7500
F-E	8800 m	325 m	14 Controles	<b>S1</b>	1:15000
M-12	2850 m	50 m	9 Controles	S2	1:7500
M-14	4590 m	100 m	10 Controles	S1	1:10000
M-16	5190 m	140 m	10 Controles	S1	1:10000
M-16/18	5190 m	105 m	10 Controles	S1	1:10000
M-18E	6590 m	215 m	12 Controles	S1	1:15000
M-20E	8730 m	290 m	14 Controles	S1	1:15000
M-21A	8090 m	305 m	11 Controles	S1	1:15000
M-21B	4890 m	220 m	10 Controles	S1	1:10000
M-35A	8880 m	330 m	12 Controles	S1	1:15000
M-35B	5410 m	145 m	10 Controles	S1	1:10000
M-40	8130 m	280 m	11 Controles	S1	1:10000
M-45	6860 m	270 m	13 Controles	S1	1:10000
M-50	6710 m	185 m	12 Controles	S1	1:10000
M-55	5780 m	150 m	11 Controles	S1	1:7500
M-60	5240 m	135 m	10 Controles	S1	1:7500
M-65	4740 m	140 m	9 Controles	S1	1:7500
M-70	4460 m	110 m	9 Controles	S1	1:7500
M-75	3870 m	85 m	8 Controles	S1	1:7500
M-E	10500 m	370 m	17 Controles	<b>S1</b>	1:15000
Open Amarillo	2780 m	50 m	9 Controles	S2	1:7500
Open Naranja	2930 m	55 m	10 Controles	S2	1:7500
Open Negro - W	5850 m	135 m	13 Controles	S2	1:10000
Open Negro -M	7010 m	160 m	14 Controles	S2	1:10000
Open Rojo - W	3810 m	70 m	10 Controles	S2	1:7500
Open Rojo - M	3920 m	90 m	10 Controles	S2	1:7500
U-10	2660 m	50 m	8 Controles	S2	1:7500

# DISTANCE AND CLIMB – MIDDLE

Classes	Distance	Climb	No. Controls	Start	Scale
F12	2470 m	30	11	S2	1:7.500
F14	2770 m	35	13	S1	1:10.000
F16	3470 m	60	16	S1	1:10.000
F16/18	2840 m	45	14	S1	1:10.000
F18E	4140 m	70	18	S1	1:10.000
F20E	4630 m	70	20	S1	1:10.000
F21A	4060 m	65	18	S1	1:10.000
F21B	2980 m	55	15	S1	1:10.000
F35A	3930 m	60	16	S1	1:10.000
F35B	2990 m	55	15	S1	1:10.000
F40	3780 m	55	16	S1	1:10.000
F45	3510 m	50	17	S1	1:10.000
F50	3180 m	45	15	S1	1:10.000
F55	2920 m	40	15	S1	1:7.500
F60	2760 m	40	14	S1	1:7.500
F65	2480 m	40	13	S1	1:7.500
F70	2290 m	30	12	S1	1:7.500
F75	2230 m	30	12	S1	1:7.500
FE	5240 m	90	21	<b>S1</b>	1:10.000
M12	2600 m	35	11	S2	1:7.500
M14	3290 m	45	16	S1	1:10.000
M16	4090 m	70	19	S1	1:10.000
M16/18	3450 m	60	17	S1	1:10.000
M18E	4640 m	110	19	S1	1:10.000
M20E	5410 m	100	21	S1	1:10.000
M21A	4630 m	110	20	S1	1:10.000
M21B	3570 m	70	18	S1	1:10.000
M35A	4910 m	75	20	S1	1:10.000
M35B	3530 m	70	18	S1	1:10.000
M40	4660 m	75	19	S1	1:10.000
M45	4180 m	65	17	S1	1:10.000
M50	3970 m	60	16	S1	1:10.000
M55	3780 m	55	16	S1	1:7.500
M60	3510 m	50	17	S1	1:7.500
M65	3210 m	40	15	S1	1:7.500
M70	2950 m	35	15	S1	1:7.500
M75	2770 m	35	14	S1	1:7.500
ME	6200 m	115	22	<b>S1</b>	1:10.000
Open Amarillo	2170 m	25	9	S2	1:7.500
Open Naranja	3140 m	55	12	S2	1:10.000
Open Rojo W/M	3380 m	65	13	S2	1:10.000
Open Negro W/M	3570 m	85	13	S2	1:10.000
U10	2180 m	25	10	S2	1:7.500

# COMMENTS FROM THE CARTOGRAPHER

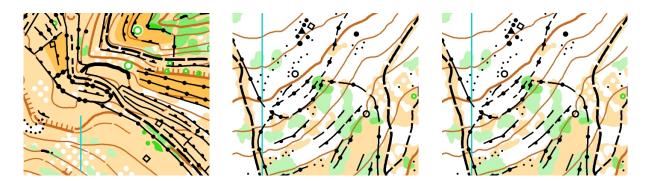
### CARTHOGRAPHERS: Mario Vidal Triquell y Mario Rodríguez Martínez.

The Villafranca del Cid map brings together different characteristics in terms of content and visual appearance. For cartographers, it has been a challenge in thematic representation in orientation cartography. The dominant element that takes center stage within the map, the stone wall, *pedra en sec*, is present in well-located areas with a high density of rock elements, difficult to differentiate given the proximity between constructions, and the fact that they are in different states of conservation, which makes it more difficult to discern which element we are dealing with.

The wall, generally of a uniform height, around 1.5 to 1.8 meters, can also be found more isolated and dispersed in other areas, in this case favoring rapid navigation since the structures are often half-ruined. Even though it is the main element of the map and the environment, an attempt has been made to represent it in its different states using different appearances of symbol No. 513 (WALL -passable-), seeking to make them distinguishable from each other.

MURO PASABLE

- MURO PASABLE SIMPLIFICADO A SU LÍNEA BASE Y/O DE ESCASA ALTURA (MIN. 0,5 MTS)
- MURO PASABLE COMO PARED EN EL SENTIDO QUE SE SEÑALA
- MURO IMPASABLE
   MURO IMPASABLE SIMPLIFICADO A SU LÍNEA BASE
- ··· RESTOS DE MURO DERRUIDO
- CUALQUIER CONSTRUCCIÓN DE PIEDRA (DISTINTOS TAMAÑOS)
- AMONTONAMIENTO DE PIEDRAS DE DIFERENTES TAMAÑOS



Regarding the rest of the objects represented, it should be noted that the topography has little detail with a very linear profile. As for the vegetation, its density is very variable because the nature of the plant species is also variable; the greens are really very variable and force you to take advantage of the corridors they form to progress over the terrain. Their atomized layout has been simplified to make these corridors more evident.

The surface of the terrain can be a major obstacle to the race since there are extensive areas of stones, so they must be taken into consideration; they have been represented in such a way that they make it as difficult as possible to read the map, so the presence of symbol No. 310 (STONY GROUND - slow race) is already an indicator of a considerable presence of this.

### Large Course.

### Alberto García Calado.

It will be a classic long-distance race, with long sections offering various route choices, combined with shorter sections to change direction. The criteria established in the Leibniz convention have been taken into account when designing the courses.

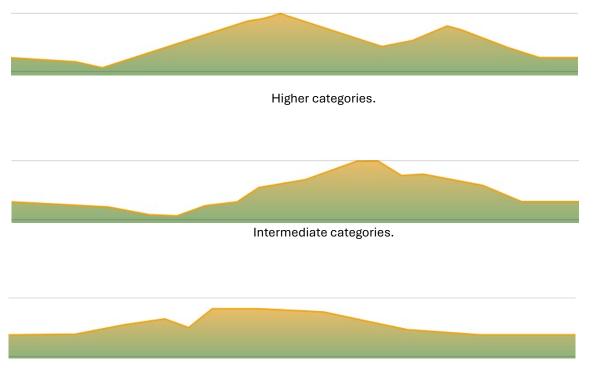
In general, it will be a fast race that combines areas of high speed with good visibility, with sections of much slower, wall-concentrated terrain and physically demanding areas. The competition will end in a section where vegetation reading could make a significant difference.

It is recommended to wear shoes with well-gripped rubber studs or even spikes in case we have a rainy or snowy day.

Special care is recommended, especially in the older age categories, when jumping over walls. It is also important to try to leave them in their original state to preserve the environment.

The use of self-sufficient hydration is recommended; however, there will be three hydration points distributed along the route, which will not require the athlete to move a lot to pass by them.

Next, I will outline the approximate profile you will encounter during the race, depending on the block in which you participate. You will be running at an average altitude of about 1,000 meters.



Lower and older age categories.

I hope you enjoy the surroundings, the course, and the competitions in general.

https://ajgcalado.wordpress.com/2019/08/21/trazados-anteriores-varios/

### Alex tello Lacal

The middle-distance race takes place in an area with gentle slopes, with the final part being downhill. It mainly goes through an oak forest, although there will also be some areas of pine forest and semiopen terrain. The ground is sometimes a it rocky, but mostly allows for a comfortable run.

The lack of obvious landmarks and the gentle terrain make it essential to correctly read and simplify the vegetation at many points, with the ability to rely on existing trails or clearings being crucial.

Pay attention to the final section, where the forest becomes slightly rougher, and both running speed and visibility decrease.

# **COURSE INFORMATION**

Attention! Important Notice:

The competition will take place on a map characterized by dry stone constructions.

"The art of dry stone" is an international cultural manifestation that involves the construction of stone structures by stacking stones on top of each other, without using any other material to bind them. It is recognized as an Intangible Cultural Heritage of Humanity by UNESCO.

During the course, it is essential to take special precautions when maintaining these structures.

- Respect the structures: Avoid touching or moving the stones that are part of dry-built constructions. These structures are often fragile and can easily collapse if handled improperly.
- Do not climb or scramble: Avoid climbing or scrambling on the stone walls, as this can cause irreparable damage to the structure and pose a safety hazard to you.
- In some areas, there are already collapsed walls. Caution is required when crossing them, as it could worsen their condition, and they are unstable zones for transit. Follow the marked paths outlined by the cartographer.

Attention! Important Notice:

During the race, in some areas of the terrain, the presence of pine processionary caterpillars (\*Thaumetopea pityocampa\*) has been detected. This species of caterpillar can pose a health risk.

All participants are advised to:

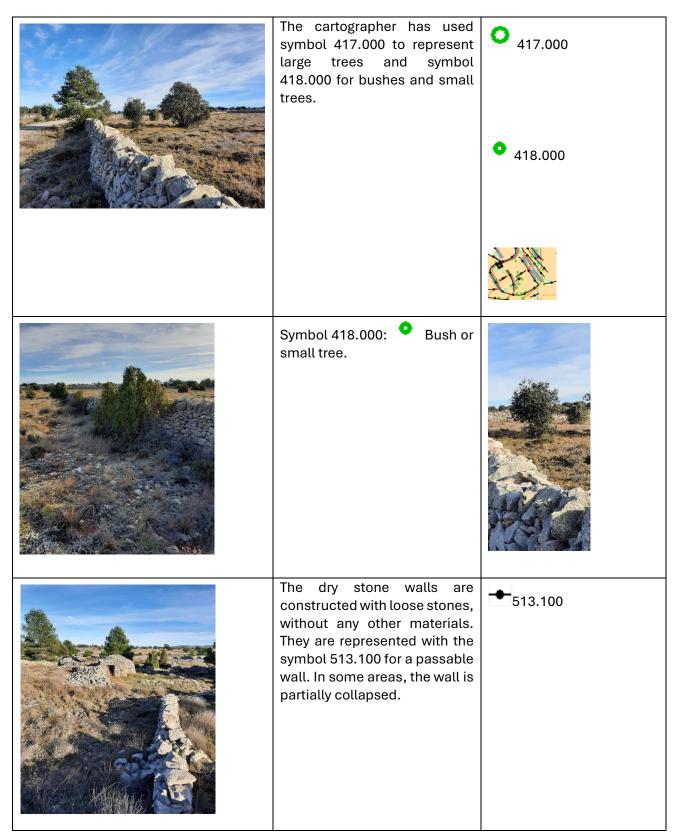
- Avoid direct contact with the caterpillars and their nests, as their hairs can cause irritation to the skin, eyes, and respiratory system.
- Maintain a safe distance if you spot the processionary caterpillars or their nests.
- In case of accidental contact, wash immediately with water and soap.

The use of long sleeves is recommended.

# TRAIL-O

The map is relatively flat, with a forty-meter elevation difference from the lowest to the highest point. It features many details of dry stone walls, making it ideal for the TrailO Sprint discipline. I hope you enjoy and make the most of this terrain.

Below, I outline the features and symbols used to represent the map.



<ul> <li>There are areas on the map where this situation occurs.</li> <li>The cartographer has indicated them with the following symbols: <ul> <li>513.100 for the side of the wall,</li> <li>214.000 for rocky areas to indicate the surface covered,</li> <li>210.000 for rocky terrain over the 214 to provide information about loose stones.</li> </ul> </li> </ul>	<ul> <li>◆ 513.100</li> <li>◆ 214.000</li> <li>210.000</li> </ul>
There are many huts built with dry stone, which have been represented with the symbol 521.003 for a minimal building.	

For the Trail-O timing, we will use the ToePunch system, an electronic registration system for marking responses in Trail-O. Its main components are two: the station/unit (Toe Box) and a set of seven NFC/RFID chips.

Instructions for competitors



# TECHINCAL INFORMATION FOR TRAIL-O

The terrain presented is ideal for Trail-O practice, as it features areas with great visibility, a wide variety of scattered trees, and walls. The entire event takes place on a paved forest trail with slight gradients.

It is important to note that, as this is a SPRINT PRE-O event, in case of a tie in points, the total time taken will be used as the tiebreaker. The problems presented will feature only one control flag in the terrain, and there is no observation points marked on the ground. Instead, the base for the ToePunch will be placed at one of the points from where the control flag is visible.

The course is divided into two sections, and the maximum allowed time applies to the ENTIRE EVENT. Maximum times are as follows, with one correctly solved problem deducted for every minute exceeded:

O: 29 min	P: 32 min	Sillas: 36 min
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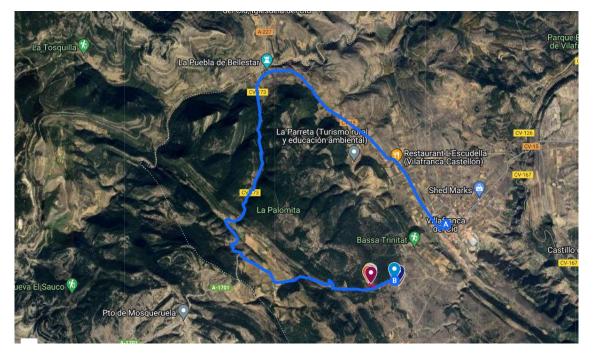
The distances are:

Sección	Distancia	Desnivel	Controles
1	125m	5m	16
Desplazamiento (fuera de competición)	165m	0m	-
2	85m	0m	6

Afterward, there will be a return route of approximately 1.5km back to the parking area. Competitors in wheelchairs will be allowed to return through the competition area, as the alternative path is not fully accessible.

## COMPETITION ZONE

The COMPETITION ZONE is located in the area known as El Bovalar, at coordinates 40°24'58.3"N 0°16'38.9"W, approximately 16 km or 19 minutes from the town of Villafranca del Cid, accessible via the CV-15 and CV-173 roads.



**IMPORTANT:** Access to the Competition Zone is mandatory via this route.

The distance between the parking area and the competition center is a 10-minute walk.

LONG DISTANCE, Saturday, February 8, El Bovalar					
START	CLASSES	Distance from C.C. to Pre-Start	PRE-START		
S-1	OFICIALES EXCEPTO U-10, F/M-12	300 meters	-9 min		
S-2	U-10 F/M-12 OPEN	300 meters	-9 min		

TRAIL-O SPRINT, Saturday, February 8., Pla de Mossorro				
START	CLASSES	Distance from C.C. to Pre-Start	PRE-START	
S-1	0, P	900 meters		

The start of the Trail-O Sprint is located in the parking area.

MIDDLE DISTANCE, Sunday, February 9, El Bovalar				
START	CLASSES	Distance from C.C. to Pre-Start	PRE-START	
S-1	OFICIALES EXCEPTO U-10, F/M-12	300 meters	-8 min	
S-2	U-10 F/M-12 OPEN	300 meters	-8 min	

IMPORTANT: Overnight stays in the Competition Zone are prohibited.

### HARD FLOOR

The hard floor (suelo duro) is located at <u>the municipal sports pavilion</u>. The price of this service is four euros (4 $\in$ ) and includes both nights 7 and 8 of Frebuary.

#### Hard Ground Rules:

- Entry to the hard ground area will be controlled, and participants must present their ID (DNI) upon entry on Friday.

- Eating on the track is not allowed, and only water may be consumed.

- Tents are permitted with a maximum size of 2.5 m x 2.5 m and must be set up along the sides of the AREA, always close to the walls. For charging mobile devices, cables must not cross through the AREA.

Hard Ground Schedule:

- The hard ground area will open on Friday, 02/07/2025, starting at 7:00 PM. Lights will be turned off at 11:00 PM, and silence must be maintained from that time onward to ensure competitors can rest. Entry to the pavilion will not be permitted after 11:00 PM.

- On Sunday, 02/09/2025, the AREA will close at 11:30 AM.

The hard ground facilities are a highly valuable and essential resource for our sport. We kindly ASK for the utmost care and respect in their use. It is everyone's responsibility to act responsibly and keep them clean.

#### **MOTORHOMES**

The motorhome parking lot will be located in <u>the municipal campsite</u>, with water, drainage, electricity and services. The price of this service is four euros ( $4\in$ ) and includes both nights 7 and 8 of Frebuary.

The campsite has a capacity for 120 motorhomes. In the event of higher demand, additional motorhomes will be directed to a nearby parking area, with access to the same services available.

All those registered for motorhome parking will receive a parking authorization, which must be printed and displayed visibly during their stay at the campsite.

Camping Schedule:

- The campsite will open on Friday, 02/07/2025, starting at 7:00 PM.
- On Sunday, 02/09/2025, the AREA will close at 3:30 PM.

#### **TASTING OF TAPAS**

At the conclusion of the 2024 LEO awards ceremony, we will have the opportunity to dine at the same venue. The local businesses of Vilafranca will prepare a tasting of tapas with products from the region, consisting of 4 tapas and a drink. Vegetarian and glutenfree options will be available. The price will be  $10\in$ , to be reserved during registration.

On Saturday morning, tickets will be distributed to those who have made reservations at the bar located in the Competition Zone.

#### REFRESHMENTS

During the 2 days of the events (Middle and Long Distance), participants and the general public will have at their disposal a refreshment stand with sandwiches and small meals.

### **BABYRACE:**

Close to the finish area, the smaller children can enjoy a route with a distance of 300 to 500 m. and with 6 to 8 controls. This event takes place at 12 noon only on Sunday the 10th. The start will be announced through the sound system. Registration on SICO is mandatory.

### DAYCARE CENTRE:

The organization offers a daycare centre to families at no cost, although registrations must be made at the moment of registration.

### **MISCELANEA:**

Chemical toilets, showers, rest and refreshment areas. The showers will be located in the village <u>sports center</u>

### ACCOMMODATION:

The village of Vilafranca and the region of Els Ports has a limited offer of accommodation. Therefore, it is recommended to make reservations in advance.

turismevilafranca.es www.casaruralvilatur.com www.lacasadelmercat.com https://masllosar.com/ https://casaruralarrabal5.com/ https://www.turismodecastellon.com/e s/informacionpractica/alojamiento/listmunicipio/625650 http://aresdelmaestrat.com/hoteldares/ https://masialaparreta.com/ https://www.casarurallasdalias.com/ ALOJAMIENTOS | Els Ports https://www.elfaixero.net/ https://www.morella.net/morellaturist ica/planifica-tu-viaje/dormir-comer-salir/ https://www.booking.com/ShareatUFIN http://www.hostal-aguilar.com/ https://turismomaestrazgo.org/donde -alojarse/categoria-iglesuela/ https://turismomaestrazgo.org/pueblo /pueblo-cantavieja/ https://mosqueruela.es/dondealojarse/

Motorhome renting: www.llansolacastellon.es

Vilafranca has food establishments, and tourism collected in the local VECS guide.

Guía Vilafranca Espai de Comerç i Serveis guia.pdf (ajuntamentdevilafranca.es)

# ORGANIZING COMMITTEE

CHARGE	RESPONSIBLE	
GENERAL DIRECTOR	SANTIAGO DEL MORAL	
EVENT DIRECTOR	JUAN E. CLAUSELL	
ENTRIES	VERONIKA ZEVALLOS	
COURSE SETTER (MIDDLE)	ALEX TELLO	
COURSE SETTER (LONG)	ALBERTO GARCIA	
COURSE SETTER (TRAIL-O SPRINT)	ANDREU ESPINOSA	
FIELD TEAM	JAUME CIVERA	
STARTS	PILAR GOMEZ / MILA VILA	
BABYRACE	JOSÉ MANUEL PORTOLES	
LOGISTICS	ARTURO RODRIGUEZ	
TIMING	ABEL OTERO / ANDREU ESPINOSA	
FINISH LINE	SANTIAGO RODRIGUEZ	

### EVENT CONTROLLER : HÉCTOR BURGOA DE LA CAL.

# ORGANIZERS









# SPONSORS



- Web site
- Facebook
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- Mobile
- E-mail
- : https://vilafranca2025.fedocv.org/
- : https://www.facebook.com/fedocv/
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